

Presents

"Always Making Aquatic a Zestful Experience"

AMAZE Workshop

The AMAZE workshop provides learners with knowledge, skills and confidence of

handling a person with special needs and/or medical conditions safely in an aquatic environment.

The AMAZE workshop

demonstrates a step by step guide of

gaining body control and awareness within a safe and secure

aquatic environment. This skill can eventually develop toward swimming strokes.

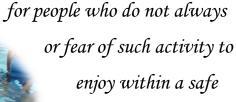
The AMAZE workshop aims to encourage and facilitate amazing physical activity

in an aquatic environment

have the opportunity

participate and

aquatic



environment.



Workshop's Vision

Rehab. Recover. Rejoice

Workshop's Mission

To make aquatic activities accessible for person with special needs and/or with medical condition and their loved ones

Workshop Objectives

- 1. To understand and appreciate individual's sensory needs in an aquatic movement.
- 2. To understand and apply the Fundamental Aquatic Movement Skills (FAMS) when handling person with special needs and/or with medical condition.
- 3. To understand and apply KITES Principle with positive communication to create an Amazing Journey with the person with special needs and /or with medical condition in an aquatic environment.

Workshop Outline

 $\mbox{\it A}$ half day workshop that consists of theory and practical session on the following topics

Module 1	Water Principle & Benefit of water
	This module provides information and knowledge of water
	principle and the benefit of water. The forces affecting
	movement of an individual in water such as gravity, buoyancy
	force will be discussed with learners. The relationship between
	the centre of gravity (CoG) and the centre of buoyancy (CoB);
	how these forces assist in floatation and rotation.
Module 2	Sensory Processing & how our brain learns in an aquatic
	environment
	This module provides the basic principle of how our brain works
	and learns through our seven senses. Learners will learn the
	other 2 important senses (vestibular and proprioceptive) beside
	the common known 5 senses. A good understanding of how
	our senses processing ability will aid the teaching of skill of
	learner with special needs and/or with medical condition.
Module 3	Fundamental Aquatic Movement Skills (FAMS)
	This module covers the fundamental aquatic movement skills
	that are pre-requisite skills of the swimming strokes
	development. Facial and back conditioning to integrate the
	defensive reflex of our body system will also be taught in this
	module.
Module 4	Creating an amazing aquatic learning journey using KITES
	Principle & Positive Communication
	This module covers the KITES Principle which was developed
	by us as a form of adaption of activity toward Person Centered
	Teaching model. In addition, the power of language and how to
	use language to motivate learners in an aquatic environment.
	The impact of positive and negative language during teaching
	phase will also be shared.

Educator's Profile

Mr Danny Ong, founder of AquaFins, started coaching and teaching Swimming & Aquatic Movement to People with Special Needs since the year 1993. Holding a Diploma in Special Education from the National Institutes of Education, Singapore (NIE), he worked as a Special Education Teacher in a local Special School for 4 years. He also holds the following National and International certification in teaching and coaching.



- 1. AUSTSWIM Teacher of Aquatics: Swimming and Water Safer
- 2. AUSTSWIM Teacher of Aquatics: Access and Inclusion
- 3. AUSTSWIM Assessor
- 4. Australia Certificate 4 in training and assessment
- 5. Sport Singapore NROC Level 1 Swim Coach
- 6. STA (UK) Level 2, Certificate in Aquatic Teaching for Special Needs
- 7. Singapore Advance Certificate in training and assessment
- 8. Sport Singapore SwimSafer Progrmame Instructor, Instructor (Open Water), Instructor's Trainer, Assessor & Assessor's Trainer
- 9. KickStarts Programme (Australia)
- 10. Youth Sports Trust (UK) TOP Programme Presenter

He was the Team Manager for Team Singapore, Swimming at the Beijing 2008, Paralympic Games. The team came home with Singapore First Paralympic Gold Medal. He is the designer and planner for AquaFins Early Intervention Program (Aquatic) that is registered with National Council of Social Service (NCSS) and an Approved Institution under the Ministry of Social & Family Development (MSF), Baby Bonus Scheme. AquaFins is the first and only centre in Singapore that has our aquatic programme endorsed by government agency with annual audit for quality assurance by SG Enable. Danny is also a trainer for the Parent-Child Fundamental Movement Skills (FMS) workshop by the Sport Singapore.

Contact

For more information, please contact us at

enquiry@aquafins.com.sg