



Presents

“Always Making Aquatic a Zestful Experience”

AMAZE Workshop

The AMAZE workshop provides learners with knowledge, skills and confidence of

*handling a person with special
needs and/or medical
conditions safely in an
aquatic environment.*

*The AMAZE workshop
demonstrates a step by step guide of*

gaining body control and awareness within a safe and secure

aquatic environment. This skill can eventually develop toward swimming strokes.

The AMAZE workshop aims to encourage and facilitate amazing physical activity

in an aquatic environment

have the opportunity

participate and

aquatic

for people who do not always

or fear of such activity to

enjoy within a safe

environment.



AMAZE Handling & Teaching through Neuroscience & Water Principles

Workshop's Vision

Rehab . Recover . Rejoice

Workshop's Mission

To make aquatic activities accessible for person with special needs and/or with medical condition and their loved ones

Workshop Objectives

1. To understand and appreciate individual's sensory needs in an aquatic movement.
2. To understand and apply the Fundamental Aquatic Movement Skills (FAMS) when handling person with special needs and/or with medical condition.
3. To understand and apply KITES Principle with positive communication to create an Amazing Journey with the person with special needs and /or with medical condition in an aquatic environment.

Workshop Outline

A half day workshop that consists of theory and practical session on the following topics

Module 1	Water Principle & Benefit of water
	This module provides information and knowledge of water principle and the benefit of water. The forces affecting movement of an individual in water such as gravity, buoyancy force will be discussed with learners. The relationship between the centre of gravity (CoG) and the centre of buoyancy (CoB); how these forces assist in floatation and rotation.
Module 2	Sensory Processing & how our brain learns in an aquatic environment
	This module provides the basic principle of how our brain works and learns through our seven senses. Learners will learn the other 2 important senses (vestibular and proprioceptive) beside the common known 5 senses. A good understanding of how our senses processing ability will aid the teaching of skill of learner with special needs and/or with medical condition.
Module 3	Fundamental Aquatic Movement Skills (FAMS)
	This module covers the fundamental aquatic movement skills that are pre-requisite skills of the swimming strokes development. Facial and back conditioning to integrate the defensive reflex of our body system will also be taught in this module.
Module 4	Creating an amazing aquatic learning journey using KITES Principle & Positive Communication
	This module covers the KITES Principle which was developed by us as a form of adaption of activity toward Person Centered Teaching model. In addition, the power of language and how to use language to motivate learners in an aquatic environment. The impact of positive and negative language during teaching phase will also be shared.

Educator's Profile

Mr Danny Ong, founder of AquaFins, started coaching and teaching Swimming & Aquatic Movement to People with Special Needs since the year 1993. Holding a Diploma in Special Education from the National Institutes of Education, Singapore (NIE), he worked as a Special Education Teacher in a local Special School for 4 years. He also holds the following National and International certification in teaching and coaching.



1. AUSTSWIM – Teacher of Aquatics: Swimming and Water Safer
2. AUSTSWIM – Teacher of Aquatics: Access and Inclusion
3. AUSTSWIM – Assessor
4. Australia – Certificate 4 in training and assessment
5. Sport Singapore NROC – Level 1 Swim Coach
6. STA (UK) – Level 2, Certificate in Aquatic Teaching for Special Needs
7. Singapore – Advance Certificate in training and assessment
8. Sport Singapore SwimSafer Programme – Instructor, Instructor (Open Water), Instructor's Trainer, Assessor & Assessor's Trainer
9. KickStarts Programme (Australia)
10. Youth Sports Trust (UK) – TOP Programme Presenter

He was the Team Manager for Team Singapore, Swimming at the Beijing 2008, Paralympic Games. The team came home with Singapore First Paralympic Gold Medal. He is the designer and planner for AquaFins Early Intervention Program (Aquatic) that is registered with National Council of Social Service (NCSS) and an Approved Institution under the Ministry of Social & Family Development (MSF), Baby Bonus Scheme. AquaFins is the first and only centre in Singapore that has our aquatic programme endorsed by government agency with annual audit for quality assurance by SG Enable. Danny is also a trainer for the Parent-Child Fundamental Movement Skills (FMS) workshop by the Sport Singapore.

Contact

For more information, please contact us at

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